



# Resultatlista

Torsdag

2010-07-15

| Datum      | Starttid | Heat | Klass    | Distans |          |
|------------|----------|------|----------|---------|----------|
| 2010-07-15 | 08:43    | 165  | H 18 K-2 | 1000 m  | Försök 1 |

| Plats: | Deltagare:       | Deltagare:             | Förening: | Tid:     |
|--------|------------------|------------------------|-----------|----------|
| 1      | Erik Öberg       | Fredrik Johansson      | Lidköping | 03:56,26 |
| 2      | Joakim Lindberg  | Martin Larsson         | Finspång  | 03:59,52 |
| 3      | Gustav Åkesson   | Sebastian Tuma-Fischer | Lödde     | 04:03,10 |
| 4      | Fabian Paldanius | Tommy Sundberg         | Jönköping | 04:08,02 |
| 5      | Oscar Jonasson   | Anton Ljungström       | Halmstad  | 04:11,56 |

|            |       |     |          |        |          |
|------------|-------|-----|----------|--------|----------|
| 2010-07-15 | 08:46 | 166 | H 18 K-2 | 1000 m | Försök 2 |
|------------|-------|-----|----------|--------|----------|

| Plats: | Deltagare:         | Deltagare:                      | Förening: | Tid:     |
|--------|--------------------|---------------------------------|-----------|----------|
| 1      | Johan Lilja        | Marcus Andersson                | Lidköping | 03:45,10 |
| 2      | Joel Elenius       | Henrik Strand                   | Luleå     | 03:49,80 |
| 3      | Sebastian Evensson | Thiraphat Jörgensen Koedphaibun | Oxelösund | 03:51,26 |
| 4      | Richard Nilsson    | Per Edberg                      | Kungälv   | 03:53,86 |
| 5      | Mattias Björklund  | Jesper Ekeröth                  | Västerås  | 03:56,71 |
| 6      | Simon Sundberg     | Mattias Vesterlund              | Luleå     | 4:48,30  |

|            |       |     |          |       |          |
|------------|-------|-----|----------|-------|----------|
| 2010-07-15 | 09:08 | 167 | H 16 K-1 | 200 m | Försök 1 |
|------------|-------|-----|----------|-------|----------|

| Plats: | Deltagare:          | Deltagare: | Förening:     | Tid:     |
|--------|---------------------|------------|---------------|----------|
| 1      | David Johansson     |            | Oxelösund     | 00:43,05 |
| 2      | Adam Källberg       |            | Lödde         | 00:43,37 |
| 3      | Daniel Åsberg       |            | Nyköping      | 00:44,95 |
| 4      | Johan Edberg        |            | Kungälv       | 00:47,05 |
| 5      | Linus Ahlin-Hamberg |            | Stockholms PK | 00:47,99 |
| 6      | August Avén         |            | Waxholm       | 00:48,34 |
| 7      | Erik Strand         |            | Luleå         | 00:48,37 |
| 8      | Jakob Lund          |            | Westervik     | 00:49,87 |
| 9      | Joel Wedin          |            | Stockholms PK | 00:50,10 |

|            |       |     |          |       |          |
|------------|-------|-----|----------|-------|----------|
| 2010-07-15 | 09:11 | 168 | H 16 K-1 | 200 m | Försök 2 |
|------------|-------|-----|----------|-------|----------|

| Plats: | Deltagare:       | Deltagare: | Förening:  | Tid:     |
|--------|------------------|------------|------------|----------|
| 1      | Fredrik Trägårdh |            | Lödde      | 00:45,37 |
| 2      | Martin Nathell   |            | Ängelholm  | 00:45,52 |
| 3      | Manne Segerlund  |            | Luleå      | 00:46,32 |
| 4      | Martin Grothérus |            | Örebro     | 00:47,26 |
| 5      | Ola Bornäs       |            | Malmö      | 00:48,14 |
| 6      | Jonathan Csordas |            | Kungsör    | 00:49,34 |
| 7      | Kimmy Bergman    |            | Kungälv    | 00:50,56 |
| 8      | Marcus Hedström  |            | Skellefteå | 00:52,82 |



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2010-07-15

| Datum             | Starttid            | Heat | Klass    | Distans    |          |             |          |
|-------------------|---------------------|------|----------|------------|----------|-------------|----------|
| 2010-07-15        | 09:14               | 169  | H 16 K-1 | 200 m      | Försök 3 |             |          |
| Plats: Deltagare: |                     |      |          | Deltagare: |          | Förening:   | Tid:     |
| 1                 | Isak Johansson      |      |          |            |          | Kungälv     | 00:42,43 |
| 2                 | Emil Nyholm         |      |          |            |          | KS Ägir     | 00:45,08 |
| 3                 | Emil Torstensson    |      |          |            |          | Brävikén    | 00:45,42 |
| 4                 | Max Christensen     |      |          |            |          | Lidköping   | 00:47,03 |
| 5                 | Sebastian Sjöo      |      |          |            |          | Örebro      | 00:49,03 |
| 6                 | Björn Isaksson      |      |          |            |          | Trollhättan | 00:50,39 |
| 7                 | Daniel Björklund    |      |          |            |          | Västerås    | 00:50,78 |
| 8                 | Felix Eriksson      |      |          |            |          | Nyköping    | 00:51,15 |
| 2010-07-15        | 09:17               | 170  | H 16 K-1 | 200 m      | Försök 4 |             |          |
| Plats: Deltagare: |                     |      |          | Deltagare: |          | Förening:   | Tid:     |
| 1                 | Joel Attermark      |      |          |            |          | Waxholm     | 00:43,29 |
| 2                 | Emil Svensson       |      |          |            |          | Brävikén    | 00:43,59 |
| 3                 | Petter Martinsson   |      |          |            |          | KS Ägir     | 00:44,64 |
| 4                 | Fredrik Mårtensson  |      |          |            |          | Waxholm     | 00:45,15 |
| 5                 | Jacob Qvarnström    |      |          |            |          | Waxholm     | 00:47,16 |
| 6                 | Fredrik Bengtsson   |      |          |            |          | Westervik   | 00:48,48 |
| 7                 | Isak Forsberg       |      |          |            |          | Västerås    | 00:53,06 |
| 8                 | Alexander Stålbrand |      |          |            |          | Nyköping    | 01:00,00 |
| 2010-07-15        | 09:20               | 171  | H 16 K-1 | 200 m      | Försök 5 |             |          |
| Plats: Deltagare: |                     |      |          | Deltagare: |          | Förening:   | Tid:     |
| 1                 | Albert Petersson    |      |          |            |          | Södertälje  | 00:44,08 |
| 2                 | Emil Winberg        |      |          |            |          | KS Ägir     | 00:44,80 |
| 3                 | Tobias Höglund      |      |          |            |          | Fagervik    | 00:45,66 |
| 4                 | Weine Lagström      |      |          |            |          | KS Ägir     | 00:46,48 |
| 5                 | Nils Eriksson       |      |          |            |          | Luleå       | 00:46,58 |
| 6                 | Jakob Juhlin        |      |          |            |          | Brunnsviken | 00:46,80 |
| 7                 | Samuel Johansson    |      |          |            |          | Nyköping    | 00:50,94 |
| 2010-07-15        | 09:25               | 172  | D 16 K-1 | 200 m      | Försök 1 |             |          |
| Plats: Deltagare: |                     |      |          | Deltagare: |          | Förening:   | Tid:     |
| 1                 | Cajsa Zeidler       |      |          |            |          | Lödde       | 00:48,85 |
| 2                 | Sofia Bodner        |      |          |            |          | Tullinge    | 00:50,26 |
| 3                 | Linnea Stensils     |      |          |            |          | Waxholm     | 00:50,52 |
| 4                 | Adina Johansson     |      |          |            |          | Huskvarna   | 00:52,87 |
| 5                 | Jenny Karlsson      |      |          |            |          | Arvika      | 00:53,64 |
| 6                 | Emelie Backman      |      |          |            |          | Fagervik    | 00:53,86 |
| 7                 | Karin Jönsson       |      |          |            |          | Jönköping   | 00:55,76 |



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| Datum      | Starttid | Heat | Klass    | Distans |          |  |  |
|------------|----------|------|----------|---------|----------|--|--|
| 2010-07-15 | 09:28    | 173  | D 16 K-1 | 200 m   | Försök 2 |  |  |

| Plats: | Deltagare:        | Deltagare: | Förening:  | Tid:     |
|--------|-------------------|------------|------------|----------|
| 1      | Moa Wikberg       |            | Karlstad   | 00:48,88 |
| 2      | Frida Hellström   |            | Finspång   | 00:50,02 |
| 3      | Klara Hellström   |            | Finspång   | 00:50,14 |
| 4      | Lisa Eriksson     |            | Finspång   | 00:51,08 |
| 5      | Johanna Johansson |            | Landskrona | 00:51,22 |
| 6      | Johanna Karlsson  |            | Arvika     | 00:53,50 |
| 7      | Jill Lundström    |            | Lödde      | 00:54,38 |
| 8      | Saga Wallerström  |            | Luleå      | 00:59,92 |

| 2010-07-15 | 09:31 | 174 | D 16 K-1 | 200 m | Försök 3 |  |  |
|------------|-------|-----|----------|-------|----------|--|--|
|------------|-------|-----|----------|-------|----------|--|--|

| Plats: | Deltagare:          | Deltagare: | Förening:     | Tid:     |
|--------|---------------------|------------|---------------|----------|
| 1      | Hanna Ingelsten     |            | Lödde         | 00:48,87 |
| 2      | Annie Johansson     |            | Lidköping     | 00:48,97 |
| 3      | Julia Seger         |            | Stockholms PK | 00:49,57 |
| 4      | Elin Melvinger      |            | Finspång      | 00:50,39 |
| 5      | Fanny Lilja         |            | Lidköping     | 00:50,63 |
| 6      | Elina Lineruth      |            | Luleå         | 00:52,09 |
| 7      | Karolina Bjernfeldt |            | Lidköping     | 00:55,09 |

| 2010-07-15 | 09:36 | 175 | H 18 K-2 | 200 m | Försök 1 |  |  |
|------------|-------|-----|----------|-------|----------|--|--|
|------------|-------|-----|----------|-------|----------|--|--|

| Plats: | Deltagare:      | Deltagare:             | Förening: | Tid:     |
|--------|-----------------|------------------------|-----------|----------|
| 1      | Johan Lilja     | Marcus Andersson       | Lidköping | 00:37,06 |
| 2      | Erik Öberg      | Fredrik Johansson      | Lidköping | 00:38,71 |
| 3      | Tor Lindström   | Ola Bornäs             | Malmö     | 00:40,61 |
| 4      | Patric Svensson | Martin Grothéus        | Örebro    | 00:40,73 |
| 5      | Axel Brandberg  | Joel Attermark         | Waxholm   | 00:42,07 |
| 6      | Oscar Jonasson  | Anton Ljungström       | Halmstad  | 00:42,13 |
| 7      | Gustav Åkesson  | Sebastian Tuma-Fischer | Lödde     | 00:43,35 |

| 2010-07-15 | 09:39 | 176 | H 18 K-2 | 200 m | Försök 2 |  |  |
|------------|-------|-----|----------|-------|----------|--|--|
|------------|-------|-----|----------|-------|----------|--|--|

| Plats: | Deltagare:         | Deltagare:                      | Förening: | Tid:     |
|--------|--------------------|---------------------------------|-----------|----------|
| 1      | Joel Elenius       | Henrik Strand                   | Luleå     | 00:39,27 |
| 2      | Sebastian Evensson | Thiraphat Jörgensen Koedphaibun | Oxelösund | 00:39,62 |
| 3      | Joakim Lindberg    | Martin Larsson                  | Finspång  | 00:39,69 |
| 4      | Richard Nilsson    | Per Edberg                      | Kungälv   | 00:40,73 |
| 5      | Mattias Björklund  | Jesper Ekeröth                  | Västerås  | 00:41,91 |
| 6      | Niklas Ehrlin      | Jens Fahlberg                   | Västerås  | 00:41,95 |
| 7      | Fabian Paldanius   | Tommy Sundberg                  | Jönköping | 00:44,33 |
| 8      | Simon Sundberg     | Mattias Vesterlund              | Luleå     | 00:51,59 |



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| Datum      | Starttid             | Heat       | Klass    | Distans    |          |               |          |
|------------|----------------------|------------|----------|------------|----------|---------------|----------|
| 2010-07-15 | 09:44                | 177        | H 14 K-1 | 200 m      | Försök 1 |               |          |
| Plats:     |                      | Deltagare: |          | Deltagare: |          | Förening:     | Tid:     |
| 1          | Gustav Smedman       |            |          |            |          | Lidköping     | 00:49,41 |
| 2          | Joakim Thorn         |            |          |            |          | Westervik     | 00:52,96 |
| 3          | Albert Friman        |            |          |            |          | Brunnsviken   | 00:54,16 |
| 4          | Jonas Lindmark       |            |          |            |          | Waxholm       | 00:54,41 |
| 5          | Ludvig Ahlin-Hamberg |            |          |            |          | Stockholms PK | 00:54,74 |
| 6          | Emil Tingström       |            |          |            |          | Waxholm       | 00:56,80 |
| 7          | Lukas Ahlin-Hamberg  |            |          |            |          | Stockholms PK | 01:04,28 |
| 2010-07-15 | 09:47                | 178        | H 14 K-1 | 200 m      | Försök 2 |               |          |
| Plats:     |                      | Deltagare: |          | Deltagare: |          | Förening:     | Tid:     |
| 1          | Andreas Edhag        |            |          |            |          | Bråviken      | 00:47,52 |
| 2          | Adam Skantz          |            |          |            |          | Waxholm       | 00:50,77 |
| 3          | Nils Thoresson       |            |          |            |          | Fagervik      | 00:50,96 |
| 4          | Edvin Gulle          |            |          |            |          | Stockholms PK | 00:52,76 |
| 5          | Jesper Melvinger     |            |          |            |          | Finspång      | 00:52,90 |
| 6          | Arvid Schön          |            |          |            |          | Westervik     | 01:01,52 |
| 7          | Simander Olof        |            |          |            |          | Waxholm       | 01:01,92 |
| 2010-07-15 | 09:50                | 179        | H 14 K-1 | 200 m      | Försök 3 |               |          |
| Plats:     |                      | Deltagare: |          | Deltagare: |          | Förening:     | Tid:     |
| 1          | Stefan Albrektsson   |            |          |            |          | Halmstad      | 00:48,77 |
| 2          | Qusay Bawangonwala   |            |          |            |          | Jönköping     | 00:52,30 |
| 3          | Pontus Heino         |            |          |            |          | Västerås      | 00:52,79 |
| 4          | Emil Zeidlitz        |            |          |            |          | Örnsberg      | 00:56,03 |
| 5          | Pontus Andersson     |            |          |            |          | Kungsör       | 00:57,35 |
| 6          | Carl Andersson       |            |          |            |          | Westervik     | 00:59,41 |
| 7          | Alexander Linnér     |            |          |            |          | Westervik     | 01:01,99 |
| 8          | Alexander Bertilsson |            |          |            |          | Västerås      | 01:05,29 |
| 2010-07-15 | 09:53                | 180        | H 14 K-1 | 200 m      | Försök 4 |               |          |
| Plats:     |                      | Deltagare: |          | Deltagare: |          | Förening:     | Tid:     |
| 1          | Adam Ask             |            |          |            |          | Westervik     | 00:49,65 |
| 2          | Jens Torstensson     |            |          |            |          | Bråviken      | 00:50,98 |
| 3          | Andreas Åkesson      |            |          |            |          | Ängelholm     | 00:52,73 |
| 4          | Vincent Tuma-Fischer |            |          |            |          | Lödde         | 00:55,73 |
| 5          | Helmer Johansson     |            |          |            |          | Luleå         | 00:56,51 |
| 6          | Mark Mithamo         |            |          |            |          | Nyköping      | 01:04,09 |
| 7          | Joakim Hassel        |            |          |            |          | Västerås      | 01:06,17 |
| 8          | Adam Dahllöf         |            |          |            |          | Kungälv       | DNS      |



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| Datum      | Starttid | Heat | Klass    | Distans |          |
|------------|----------|------|----------|---------|----------|
| 2010-07-15 | 09:56    | 181  | H 14 K-1 | 200 m   | Försök 5 |

| Plats: | Deltagare:        | Deltagare: | Förening:  | Tid:     |
|--------|-------------------|------------|------------|----------|
| 1      | Niclas Hansson    |            | Halmstad   | 00:50,26 |
| 2      | Johan Andersson   |            | Nyköping   | 00:51,02 |
| 3      | Philip Landenstad |            | KK Eskimå  | 00:52,40 |
| 4      | Linus Boström     |            | Halmstad   | 00:56,44 |
| 5      | Alexander Öström  |            | Skellefteå | 00:59,00 |
| 6      | Johan Wikström    |            | Skellefteå | 01:02,98 |
| 7      | Björn Larsson     |            | Västerås   | 01:03,40 |

|            |       |     |          |       |          |
|------------|-------|-----|----------|-------|----------|
| 2010-07-15 | 10:01 | 182 | D 14 K-1 | 200 m | Försök 1 |
|------------|-------|-----|----------|-------|----------|

| Plats: | Deltagare:       | Deltagare: | Förening: | Tid:     |
|--------|------------------|------------|-----------|----------|
| 1      | Emma Ask         |            | Westervik | 00:54,85 |
| 2      | Moa Ringqvist    |            | Waxholm   | 00:55,50 |
| 3      | Frida Gustafsson |            | Waxholm   | 00:56,86 |
| 4      | Evelina Höglund  |            | Fagervik  | 00:57,12 |
| 5      | My Lindén        |            | Nyköping  | 00:59,78 |
| 6      | Annie Åkesson    |            | Ängelholm | 01:10,18 |

|            |       |     |          |       |          |
|------------|-------|-----|----------|-------|----------|
| 2010-07-15 | 10:04 | 183 | D 14 K-1 | 200 m | Försök 2 |
|------------|-------|-----|----------|-------|----------|

| Plats: | Deltagare:       | Deltagare: | Förening:  | Tid:     |
|--------|------------------|------------|------------|----------|
| 1      | Hanna Johansson  |            | Arvika     | 00:50,65 |
| 2      | Ebba Andersson   |            | Halmstad   | 00:52,45 |
| 3      | Hanna Falk       |            | Arvika     | 00:53,55 |
| 4      | Linn Gustavsson  |            | Karlstad   | 00:54,91 |
| 5      | Paulina Maxe     |            | Finspång   | 00:57,08 |
| 6      | Eлина Westerlund |            | Luleå      | 00:58,69 |
| 7      | Joanna Ruljeff   |            | Skellefteå | 01:05,17 |

|            |       |     |          |       |              |
|------------|-------|-----|----------|-------|--------------|
| 2010-07-15 | 10:25 | 184 | H 16 K-1 | 200 m | Mellanheat 1 |
|------------|-------|-----|----------|-------|--------------|

| Plats: | Deltagare:       | Deltagare: | Förening: | Tid:     |
|--------|------------------|------------|-----------|----------|
| 1      | Isak Johansson   |            | Kungälv   | 00:41,88 |
| 2      | Emil Svensson    |            | Bråviken  | 00:42,85 |
| 3      | Adam Källberg    |            | Lödde     | 00:43,65 |
| 4      | Emil Torstensson |            | Bråviken  | 00:44,13 |
| 5      | Johan Edberg     |            | Kungälv   | 00:44,53 |
| 6      | Daniel Åsberg    |            | Nyköping  | 00:45,57 |
| 7      | Sebastian Sjöo   |            | Örebro    | 00:46,21 |
| 8      | Max Christensen  |            | Lidköping | 00:46,73 |
| 9      | Ola Bornäs       |            | Malmö     | 00:47,83 |



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| Datum      | Starttid | Heat | Klass    | Distans |              |
|------------|----------|------|----------|---------|--------------|
| 2010-07-15 | 10:28    | 185  | H 16 K-1 | 200 m   | Mellanheat 2 |

| Plats: | Deltagare:          | Deltagare: | Förening:     | Tid:     |
|--------|---------------------|------------|---------------|----------|
| 1      | David Johansson     |            | Oxelösund     | 00:41,35 |
| 2      | Fredrik Trägårdh    |            | Lödde         | 00:43,69 |
| 3      | Emil Winberg        |            | KS Ägir       | 00:43,70 |
| 4      | Petter Martinsson   |            | KS Ägir       | 00:44,47 |
| 5      | Martin Grothérus    |            | Örebro        | 00:44,71 |
| 6      | Tobias Höglund      |            | Fagervik      | 00:45,74 |
| 7      | Jakob Juhlin        |            | Brunsviken    | 00:46,29 |
| 8      | Weine Lagström      |            | KS Ägir       | 00:46,35 |
| 9      | Linus Ahlin-Hamberg |            | Stockholms PK | 00:50,27 |

| 2010-07-15 | 10:31 | 186 | H 16 K-1 | 200 m | Mellanheat 3 |
|------------|-------|-----|----------|-------|--------------|
|------------|-------|-----|----------|-------|--------------|

| Plats: | Deltagare:         | Deltagare: | Förening:  | Tid:     |
|--------|--------------------|------------|------------|----------|
| 1      | Joel Attermark     |            | Waxholm    | 00:42,47 |
| 2      | Martin Nathell     |            | Ängelholm  | 00:42,89 |
| 3      | Albert Petersson   |            | Södertälje | 00:43,29 |
| 4      | Manne Segerlund    |            | Luleå      | 00:44,27 |
| 5      | Emil Nyholm        |            | KS Ägir    | 00:45,51 |
| 6      | Fredrik Mårtensson |            | Waxholm    | 00:45,93 |
| 7      | August Avén        |            | Waxholm    | 00:47,07 |
| 8      | Nils Eriksson      |            | Luleå      | 00:47,57 |
| 9      | Jacob Qvarnström   |            | Waxholm    | DSQ      |

| 2010-07-15 | 10:49 | 187 | D 22 K-4 | 1000 m | Final 1 |
|------------|-------|-----|----------|--------|---------|
|------------|-------|-----|----------|--------|---------|

| Plats: | Deltagare:       | Deltagare:        | Deltagare:      | Förening:       | Tid:      |          |
|--------|------------------|-------------------|-----------------|-----------------|-----------|----------|
| 1      | Michaela Jonsson | Ilona Jonsson     | Cecilia Velin   | Kim Döse        | KK Eskimå | 03:34,48 |
| 2      | Julia Stensils   | Linnea Stensils   | Evelina Menning | Sara Sandbacka  | Waxholm   | 03:35,56 |
| 3      | Anna Roger       | Jennie Halvarsson | Frida Eriksson  | Frida Hellström | Finspång  | 03:54,44 |

| 2010-07-15 | 10:55 | 188 | H 22 K-4 | 1000 m | Final 1 |
|------------|-------|-----|----------|--------|---------|
|------------|-------|-----|----------|--------|---------|

| Plats: | Deltagare:          | Deltagare:        | Deltagare:       | Deltagare:       | Förening: | Tid:     |
|--------|---------------------|-------------------|------------------|------------------|-----------|----------|
| 1      | Erik Gustafsson     | Erik Svensson     | Björn Granstedt  | Petter Öström    | Waxholm   | 03:05,34 |
| 2      | Markus Oscarsson    | Kristian Wilde    | Jesper Ekeröth   | Konny Andersson  | Västerås  | 03:06,30 |
| 3      | Anders Svensson     | Tomas Norrman     | Rasmus Jaruta    | Jonny Blixt      | Kungälv   | 03:07,04 |
| 4      | Christian Svanqvist | Gustav Lood-Stark | Max Ed           | Joakim Strand    | Karlstad  | 03:08,30 |
| 5      | Jonas Johansson     | Oskar Lind        | Jakob Johansson  | Dag Johansson    | Luleå     | 03:15,16 |
| 6      | Björn Ljungberg     | Magnus Ljungberg  | Tor Lindström    | Joakim Nielsen   | Malmö     | 03:17,32 |
| 7      | Joel Bolin          | Pär Holst         | Jacob Holst      | Ola Svensson     | KK Eskimå | 03:23,88 |
| 8      | Andreas Trägårdh    | Simon Öberg       | Gustav Pennsäter | Fredrik Källberg | Lödde     | 03:26,74 |
| 9      | Robert Johansson    | Karl Lind         | Gustav Granbom   | David Mohlin     | Luleå     | 03:28,91 |



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| Datum      | Starttid | Heat | Klass    | Distans |              |
|------------|----------|------|----------|---------|--------------|
| 2010-07-15 | 11:13    | 189  | H 14 K-1 | 200 m   | Mellanheat 1 |

| Plats: | Deltagare:           | Deltagare: | Förening:  | Tid:     |
|--------|----------------------|------------|------------|----------|
| 1      | Andreas Edhag        |            | Bråviken   | 00:47,52 |
| 2      | Jens Torstensson     |            | Bråviken   | 00:49,28 |
| 3      | Andreas Åkesson      |            | Ängelholm  | 00:50,62 |
| 4      | Philip Landenstad    |            | KK Eskimå  | 00:51,54 |
| 5      | Adam Skantz          |            | Waxholm    | 00:51,62 |
| 6      | Emil Zeidlitz        |            | Örnsberg   | 00:55,56 |
| 7      | Vincent Tuma-Fischer |            | Lödde      | 00:56,04 |
| 8      | Pontus Andersson     |            | Kungsör    | 00:57,60 |
| 9      | Alexander Öström     |            | Skellefteå | 00:58,10 |

|            |       |     |          |       |              |
|------------|-------|-----|----------|-------|--------------|
| 2010-07-15 | 11:16 | 190 | H 14 K-1 | 200 m | Mellanheat 2 |
|------------|-------|-----|----------|-------|--------------|

| Plats: | Deltagare:         | Deltagare: | Förening: | Tid:     |
|--------|--------------------|------------|-----------|----------|
| 1      | Stefan Albrektsson |            | Halmstad  | 00:46,51 |
| 2      | Niclas Hansson     |            | Halmstad  | 00:49,71 |
| 3      | Johan Andersson    |            | Nyköping  | 00:50,38 |
| 4      | Nils Thoresson     |            | Fagervik  | 00:51,25 |
| 5      | Pontus Heino       |            | Västerås  | 00:52,33 |
| 6      | Jonas Lindmark     |            | Waxholm   | 00:55,97 |
| 7      | Helmer Johansson   |            | Luleå     | 00:57,07 |
| 8      | Linus Boström      |            | Halmstad  | 00:57,79 |
| 9      | Emil Tingström     |            | Waxholm   | 00:59,77 |

|            |       |     |          |       |              |
|------------|-------|-----|----------|-------|--------------|
| 2010-07-15 | 11:19 | 191 | H 14 K-1 | 200 m | Mellanheat 3 |
|------------|-------|-----|----------|-------|--------------|

| Plats: | Deltagare:           | Deltagare: | Förening:     | Tid:     |
|--------|----------------------|------------|---------------|----------|
| 1      | Gustav Smedman       |            | Lidköping     | 00:48,36 |
| 2      | Adam Ask             |            | Westervik     | 00:49,68 |
| 3      | Ousay Bawangonwala   |            | Jönköping     | 00:51,96 |
| 4      | Joakim Thorn         |            | Westervik     | 00:52,12 |
| 5      | Jesper Melvinger     |            | Finspång      | 00:53,04 |
| 6      | Edvin Gulle          |            | Stockholms PK | 00:53,80 |
| 7      | Albert Friman        |            | Brunsviken    | 00:54,88 |
| 8      | Ludvig Ahlin-Hamberg |            | Stockholms PK | 00:56,12 |
| 9      | Carl Andersson       |            | Westervik     | 00:59,64 |

|            |       |     |          |        |         |
|------------|-------|-----|----------|--------|---------|
| 2010-07-15 | 12:38 | 192 | D 18 K-4 | 1000 m | Final 1 |
|------------|-------|-----|----------|--------|---------|

| Plats: | Deltagare:        | Deltagare:          | Deltagare:     | Förening:        | Tid:      |          |
|--------|-------------------|---------------------|----------------|------------------|-----------|----------|
| 1      | Linnea Stensils   | Linnea Menning      | Frida Hullberg | Julia Stensils   | Waxholm   | 03:55,91 |
| 2      | Jennie Halvarsson | Frida Eriksson      | Elin Melvinger | Lisa Eriksson    | Finspång  | 04:04,35 |
| 3      | Maja Strömgren    | Frida Lindfors      | Elina Lineruth | Saga Wallerström | Luleå     | 04:09,37 |
| 4      | Fanny Lilja       | Karolina Bjernfeldt | Anna Cerenius  | Nathalie Hjort   | Lidköping | 04:19,23 |



# Resultatlista

Torsdag

2010-07-15

| Datum      | Starttid | Heat | Klass    | Distans |         |  |
|------------|----------|------|----------|---------|---------|--|
| 2010-07-15 | 12:44    | 193  | H 18 K-2 | 1000 m  | Final 1 |  |

| Plats: | Deltagare:         | Deltagare:                      | Förening: | Tid:     |
|--------|--------------------|---------------------------------|-----------|----------|
| 1      | Johan Lilja        | Marcus Andersson                | Lidköping | 03:33,90 |
| 2      | Joel Elenius       | Henrik Strand                   | Luleå     | 03:35,98 |
| 3      | Joakim Lindberg    | Martin Larsson                  | Finspång  | 03:49,44 |
| 4      | Sebastian Evensson | Thiraphat Jörgensen Koedphaibun | Oxelösund | 03:50,54 |
| 5      | Richard Nilsson    | Per Edberg                      | Kungälv   | 03:55,04 |
| 6      | Mattias Björklund  | Jesper Ekeröth                  | Västerås  | 03:58,96 |
| 7      | Erik Öberg         | Fredrik Johansson               | Lidköping | 03:59,34 |
| 8      | Gustav Åkesson     | Sebastian Tuma-Fischer          | Lödde     | 04:10,10 |
| 9      | Fabian Paldanius   | Tommy Sundberg                  | Jönköping | DNF      |

| 2010-07-15 | 13:02 | 194 | D 16 K-1 | 200 m | B-Final 1 |  |
|------------|-------|-----|----------|-------|-----------|--|
|------------|-------|-----|----------|-------|-----------|--|

| Plats: | Deltagare:        | Deltagare: | Förening:  | Tid:     |
|--------|-------------------|------------|------------|----------|
| 1      | Lisa Eriksson     |            | Finspång   | 00:50,40 |
| 2      | Johanna Johansson |            | Landskrona | 00:51,34 |
| 3      | Fanny Lilja       |            | Lidköping  | 00:51,72 |
| 4      | Elin Melvinger    |            | Finspång   | 00:52,34 |
| 5      | Adina Johansson   |            | Huskvarna  | 00:52,50 |
| 6      | Emelie Backman    |            | Fagervik   | 00:52,88 |
| 7      | Elina Lineruth    |            | Luleå      | 00:52,89 |
| 8      | Johanna Karlsson  |            | Arvika     | 00:53,76 |
| 9      | Jenny Karlsson    |            | Arvika     | 00:54,42 |

| 2010-07-15 | 13:07 | 195 | D 16 K-1 | 200 m | Final 1 |  |
|------------|-------|-----|----------|-------|---------|--|
|------------|-------|-----|----------|-------|---------|--|

| Plats: | Deltagare:      | Deltagare: | Förening:     | Tid:     |
|--------|-----------------|------------|---------------|----------|
| 1      | Moa Wikberg     |            | Karlstad      | 00:45,06 |
| 2      | Linnea Stensils |            | Waxholm       | 00:45,26 |
| 3      | Klara Hellström |            | Finspång      | 00:48,32 |
| 4      | Cajsa Zeidler   |            | Lödde         | 00:48,80 |
| 5      | Annie Johansson |            | Lidköping     | 00:51,00 |
| 6      | Julia Seger     |            | Stockholms PK | 00:51,24 |
| 7      | Hanna Ingelsten |            | Lödde         | 00:51,60 |
| 8      | Frida Hellström |            | Finspång      | 00:51,72 |
| 9      | Sofia Bodner    |            | Tullinge      | 00:51,90 |



# Resultatlista

Torsdag

2010-07-15

| Datum      | Starttid | Heat | Klass    | Distans |           |
|------------|----------|------|----------|---------|-----------|
| 2010-07-15 | 13:12    | 196  | H 16 K-1 | 200 m   | B-Final 1 |

Plats: Deltagare:

- 1 Petter Martinsson
- 2 Johan Edberg
- 3 Emil Torstensson
- 4 Emil Nyholm
- 5 Manne Segerlund
- 6 Daniel Åsberg
- 7 Martin Grothérus
- 8 Tobias Höglund
- 9 Fredrik Mårtensson

Deltagare:

Förening:

Tid:

- |          |          |
|----------|----------|
| KS Ägir  | 00:45,16 |
| Kungälv  | 00:45,56 |
| Bråviken | 00:45,62 |
| KS Ägir  | 00:45,81 |
| Luleå    | 00:46,29 |
| Nyköping | 00:46,34 |
| Örebro   | 00:46,36 |
| Fagervik | 00:47,06 |
| Waxholm  | 00:48,16 |

|            |       |     |          |       |         |
|------------|-------|-----|----------|-------|---------|
| 2010-07-15 | 13:17 | 197 | H 16 K-1 | 200 m | Final 1 |
|------------|-------|-----|----------|-------|---------|

Plats: Deltagare:

- 1 Albert Petersson
- 2 Isak Johansson
- 3 Joel Attermark
- 4 Emil Svensson
- 5 Fredrik Trägårdh
- 6 Martin Nathell
- 7 Emil Winberg
- 8 Adam Källberg
- 9 David Johansson

Deltagare:

Förening:

Tid:

- |            |          |
|------------|----------|
| Södertälje | 00:42,28 |
| Kungälv    | 00:42,76 |
| Waxholm    | 00:43,06 |
| Bråviken   | 00:44,04 |
| Lödde      | 00:44,16 |
| Ängelholm  | 00:44,21 |
| KS Ägir    | 00:44,80 |
| Lödde      | 00:45,70 |
| Oxelösund  | 01:30,8  |

|            |       |     |          |       |           |
|------------|-------|-----|----------|-------|-----------|
| 2010-07-15 | 13:22 | 198 | H 14 K-1 | 200 m | B-Final 1 |
|------------|-------|-----|----------|-------|-----------|

Plats: Deltagare:

- 1 Joakim Thorn
- 2 Adam Skantz
- 3 Nils Thoresson
- 4 Philip Landenstad
- 5 Jesper Melvinger
- 6 Pontus Heino
- 7 Edvin Gulle
- 8 Jonas Lindmark
- 9 Emil Zeidlitz

Deltagare:

Förening:

Tid:

- |               |          |
|---------------|----------|
| Westervik     | 00:52,44 |
| Waxholm       | 00:53,12 |
| Fagervik      | 00:53,30 |
| KK Eskimå     | 00:53,70 |
| Finspång      | 00:54,54 |
| Västerås      | 00:54,68 |
| Stockholms PK | 00:56,16 |
| Waxholm       | 00:58,20 |
| Örnsberg      | 00:58,58 |



# Resultatlista

Torsdag

2010-07-15

| Datum      | Starttid | Heat | Klass    | Distans |         |  |
|------------|----------|------|----------|---------|---------|--|
| 2010-07-15 | 13:27    | 199  | H 14 K-1 | 200 m   | Final 1 |  |

| Plats: | Deltagare:         | Deltagare: | Förening: | Tid:     |
|--------|--------------------|------------|-----------|----------|
| 1      | Gustav Smedman     |            | Lidköping | 00:44,46 |
| 2      | Stefan Albrektsson |            | Halmstad  | 00:45,90 |
| 3      | Andreas Edhag      |            | Bråviken  | 00:47,48 |
| 4      | Jens Torstensson   |            | Bråviken  | 00:49,54 |
| 5      | Adam Ask           |            | Westervik | 00:49,89 |
| 6      | Niclas Hansson     |            | Halmstad  | 00:50,53 |
| 7      | Andreas Åkesson    |            | Ängelholm | 00:51,14 |
| 8      | Johan Andersson    |            | Nyköping  | 00:52,54 |
| 9      | Qusay Bawangonwala |            | Jönköping | 00:52,98 |

| 2010-07-15 | 13:32 | 200 | D 14 K-1 | 200 m | B-Final 1 |  |
|------------|-------|-----|----------|-------|-----------|--|
|------------|-------|-----|----------|-------|-----------|--|

| Plats: | Deltagare:        | Deltagare: | Förening:  | Tid:     |
|--------|-------------------|------------|------------|----------|
| 1      | Elina Westertlund |            | Luleå      | 00:56,78 |
| 2      | My Lindén         |            | Nyköping   | 01:01,22 |
| 3      | Joanna Ruljeff    |            | Skellefteå | 01:05,28 |
| 4      | Annie Åkesson     |            | Ängelholm  | 01:10,40 |

| 2010-07-15 | 13:37 | 201 | D 14 K-1 | 200 m | Final 1 |  |
|------------|-------|-----|----------|-------|---------|--|
|------------|-------|-----|----------|-------|---------|--|

| Plats: | Deltagare:       | Deltagare: | Förening: | Tid:     |
|--------|------------------|------------|-----------|----------|
| 1      | Ebba Andersson   |            | Halmstad  | 00:51,31 |
| 2      | Hanna Johansson  |            | Arvika    | 00:51,45 |
| 3      | Hanna Falk       |            | Arvika    | 00:54,09 |
| 4      | Emma Ask         |            | Westervik | 00:54,49 |
| 5      | Linn Gustavsson  |            | Karlstad  | 00:55,71 |
| 6      | Moa Ringqvist    |            | Waxholm   | 00:56,67 |
| 7      | Paulina Maxe     |            | Finspång  | 00:57,39 |
| 8      | Evelina Höglund  |            | Fagervik  | 00:57,57 |
| 9      | Frida Gustafsson |            | Waxholm   | 00:58,21 |

| 2010-07-15 | 13:42 | 202 | H 21 K-2 | 200 m | Final 1 |  |
|------------|-------|-----|----------|-------|---------|--|
|------------|-------|-----|----------|-------|---------|--|

| Plats: | Deltagare:           | Deltagare:       | Förening: | Tid:     |
|--------|----------------------|------------------|-----------|----------|
| 1      | Tomas Norrman        | Rasmus Jaruta    | Kungälv   | 00:35,74 |
| 2      | Patrik Viklund       | Daniel Hemselius | Jönköping | 00:36,46 |
| 3      | Fredrik Källberg     | Gustav Pennsäter | Lödde     | 00:37,92 |
| 4      | Oskar Lind           | Jonas Haukka     | Luleå     | 00:38,02 |
| 5      | Tor Lindström        | Joakim Nielsen   | Malmö     | 00:38,11 |
| 6      | Robin Andersson      | Filip Ekblad     | Lidköping | 00:38,98 |
| 7      | Gustav Granbom       | Robert Johansson | Luleå     | 00:39,38 |
| 8      | Simon Wikberg        | Fredrik Schill   | Fagervik  | 00:41,37 |
| 9      | Christian Gustafsson | David Mohlin     | Luleå     | 00:42,36 |



# Resultatlista

Torsdag

2010-07-15

| Datum      | Starttid | Heat | Klass    | Distans |         |  |
|------------|----------|------|----------|---------|---------|--|
| 2010-07-15 | 13:47    | 203  | D 21 K-2 | 200 m   | Final 1 |  |

| Plats: | Deltagare:        | Deltagare:            | Förening: | Tid:     |
|--------|-------------------|-----------------------|-----------|----------|
| 1      | Cecilia Velin     | Kim Döse              | KK Eskimå | 00:44,50 |
| 2      | Ilona Jonsson     | Michaela Jonsson      | KK Eskimå | 00:46,97 |
| 3      | Melina Westerberg | Jessica Andréé        | Bråviken  | 00:48,03 |
| 4      | Evelina Menning   | Sara Sandbacka        | Waxholm   | 00:48,07 |
| 5      | Johanna Wiklander | Ann-Sofie Albrektsson | Halmstad  | 00:52,09 |

|            |       |     |      |       |         |  |
|------------|-------|-----|------|-------|---------|--|
| 2010-07-15 | 13:52 | 204 | C-22 | 200 m | Final 1 |  |
|------------|-------|-----|------|-------|---------|--|

| Plats: | Deltagare:      | Deltagare: | Förening: | Tid:     |
|--------|-----------------|------------|-----------|----------|
| 1      | Anders Karlsson |            | Örebro    | 00:56,51 |
| 2      | Ola Svensson    |            | KK Eskimå | 01:04,05 |

|            |       |     |          |       |         |  |
|------------|-------|-----|----------|-------|---------|--|
| 2010-07-15 | 14:19 | 205 | D 18 K-2 | 200 m | Final 1 |  |
|------------|-------|-----|----------|-------|---------|--|

| Plats: | Deltagare:        | Deltagare:            | Förening: | Tid:     |
|--------|-------------------|-----------------------|-----------|----------|
| 1      | Frida Hultberg    | Julia Stensils        | Waxholm   | 00:44,63 |
| 2      | Linnea Menning    | Linnea Stensils       | Waxholm   | 00:44,72 |
| 3      | Johanna Verweijst | Eva Lagrange          | KS Ágir   | 00:46,01 |
| 4      | Jennie Halvarsson | Frida Eriksson        | Finspång  | 00:49,13 |
| 5      | Julia Stridsberg  | Karin Jönsson         | Jönköping | 00:50,25 |
| 6      | Anna Cerenius     | Nathalie Hjort        | Lidköping | 00:50,77 |
| 7      | Maja Strömgren    | Frida Lindfors        | Luleå     | 00:50,79 |
| 8      | Paulina Langemark | Ann-Sofie Albrektsson | Halmstad  | 00:52,07 |
| 9      | My Lindén         | Louise Isaksson       | Nyköping  | 00:57,05 |

|            |       |     |          |       |         |  |
|------------|-------|-----|----------|-------|---------|--|
| 2010-07-15 | 14:24 | 206 | H 18 K-2 | 200 m | Final 1 |  |
|------------|-------|-----|----------|-------|---------|--|

| Plats: | Deltagare:         | Deltagare:                      | Förening: | Tid:     |
|--------|--------------------|---------------------------------|-----------|----------|
| 1      | Joel Elenius       | Henrik Strand                   | Luleå     | 00:36,11 |
| 1      | Johan Lilja        | Marcus Andersson                | Lidköping | 00:36,11 |
| 3      | Erik Öberg         | Fredrik Johansson               | Lidköping | 00:38,87 |
| 4      | Sebastian Evensson | Thiraphat Jörgensen Koedphaibun | Oxelösund | 00:39,71 |
| 5      | Richard Nilsson    | Per Edberg                      | Kungälv   | 00:40,09 |
| 6      | Patric Svensson    | Martin Grothéus                 | Örebro    | 00:40,63 |
| 7      | Joakim Lindberg    | Martin Larsson                  | Finspång  | 00:40,89 |
| 8      | Tor Lindström      | Ola Bornäs                      | Malmö     | 00:42,45 |
| 9      | Mattias Björklund  | Jesper Ekeröth                  | Västerås  | 00:42,95 |

|            |       |     |          |       |         |  |
|------------|-------|-----|----------|-------|---------|--|
| 2010-07-15 | 14:29 | 207 | D 14 K-2 | 200 m | Final 1 |  |
|------------|-------|-----|----------|-------|---------|--|

| Plats: | Deltagare:       | Deltagare:       | Förening: | Tid:     |
|--------|------------------|------------------|-----------|----------|
| 1      | Hanna Falk       | Hanna Johansson  | Arvika    | 00:51,59 |
| 2      | Frida Gustafsson | Moa Ringqvist    | Waxholm   | 00:54,89 |
| 3      | Emma Ask         | Anna Bengtsson   | Westervik | 00:56,23 |
| 4      | Elina Westerlund | Emma Hjalmarsson | Luleå     | 01:06,58 |



# Resultatlista

Torsdag

2010-07-15

| Datum      | Starttid | Heat | Klass    | Distans | Final 1 |  |  |
|------------|----------|------|----------|---------|---------|--|--|
| 2010-07-15 | 14:34    | 208  | H 14 K-4 | 200 m   | Final 1 |  |  |

Plats: Deltagare:

|   | Deltagare:   | Förening:      | Tid:           |                      |           |          |
|---|--------------|----------------|----------------|----------------------|-----------|----------|
| 1 | Adam Ask     | Joakim Thorn   | Carl Andersson | Alexander Linnér     | Westervik | 00:45,66 |
| 2 | Adam Skantz  | Jonas Lindmark | Simander Olof  | Emil Tingström       | Waxholm   | 00:46,28 |
| 3 | Pontus Heino | Björn Larsson  | Joakim Hassel  | Alexander Bertilsson | Västerås  | 00:54,88 |

| Datum      | Starttid | Heat | Klass    | Distans | Final 1 |  |  |
|------------|----------|------|----------|---------|---------|--|--|
| 2010-07-15 | 14:52    | 209  | H 22 K-1 | 5000 m  | Final 1 |  |  |

Plats: Deltagare:

Deltagare:

Förening:

Tid:

|    |                     |  |  |  |  |            |         |
|----|---------------------|--|--|--|--|------------|---------|
| 1  | Markus Oscarsson    |  |  |  |  | Västerås   | 20:56,8 |
| 2  | Henrik Nilsson      |  |  |  |  | Nyköping   | 20:59,9 |
| 3  | Johannes Barsk      |  |  |  |  | Skellefteå | 21:17,3 |
| 4  | Max Ed              |  |  |  |  | Karlstad   | 21:23,0 |
| 5  | Jonas Johansson     |  |  |  |  | Luleå      | 21:33,9 |
| 6  | Jacob Holst         |  |  |  |  | KK Eskimå  | 21:37,6 |
| 7  | Dag Johansson       |  |  |  |  | Luleå      | 21:39,8 |
| 8  | Daniel Hemselius    |  |  |  |  | Jönköping  | 21:50,8 |
| 9  | Christian Svanqvist |  |  |  |  | Karlstad   | 21:57,7 |
| 10 | Björn Ljungberg     |  |  |  |  | Malmö      | 21:58,6 |
| 11 | Pär Holst           |  |  |  |  | KK Eskimå  | 21:58,8 |
| 12 | Danny Hallmén       |  |  |  |  | Örebro     | 21:59,0 |
| 13 | Jonny Blixt         |  |  |  |  | Kungälv    | 22:43,1 |
| 14 | Rasmus Jaruta       |  |  |  |  | Kungälv    | 22:45,0 |
| 15 | Andreas Trägårdh    |  |  |  |  | Lödde      | 22:55,6 |
| 16 | Jonas Berggren      |  |  |  |  | Westervik  | 23:24,7 |
| 17 | Robin Andersson     |  |  |  |  | Lidköping  | 23:28,7 |
| 18 | Oskar Lind          |  |  |  |  | Luleå      | 23:29,5 |
| 19 | Per-Åke Carlsson    |  |  |  |  | Lidköping  | 23:30,1 |
| 20 | Karl Lind           |  |  |  |  | Luleå      | 23:52,4 |
| 21 | Thomas Edhag        |  |  |  |  | Bråviken   | 23:53,7 |
| 22 | Björn Granstedt     |  |  |  |  | Waxholm    | 24:14,3 |
| 23 | Johan Jönsson       |  |  |  |  | Borlänge   | 24:17,0 |
| 24 | Simon Wikberg       |  |  |  |  | Fagervik   | 24:40,9 |
| 25 | Gustav Pennsäter    |  |  |  |  | Lödde      | 25:00,3 |
| 26 | Gustav Granbom      |  |  |  |  | Luleå      | 25:00,6 |
| 27 | Henrik Larsson      |  |  |  |  | Finspång   | 25:06,0 |



# Resultatlista

Torsdag

2010-07-15

| Datum      | Starttid | Heat | Klass    | Distans |         |  |
|------------|----------|------|----------|---------|---------|--|
| 2010-07-15 | 14:53    | 210  | D 22 K-1 | 5000 m  | Final 1 |  |

| Plats: | Deltagare:        | Deltagare: | Förening:   | Tid:    |
|--------|-------------------|------------|-------------|---------|
| 1      | Sofia Paldanius   |            | Jönköping   | 23:06,8 |
| 2      | Josefin Nordlöw   |            | Värby       | 23:10,5 |
| 3      | Karin Johansson   |            | Örebro      | 23:23,1 |
| 4      | Anna Roger        |            | Finspång    | 23:46,3 |
| 5      | Michaela Jonsson  |            | KK Eskimå   | 23:47,5 |
| 6      | Alexandra Nielsen |            | Malmö       | 24:22,2 |
| 7      | Klara Andersson   |            | KK Bris     | 24:40,8 |
| 8      | Kim Döse          |            | KK Eskimå   | 26:05,2 |
| 9      | Emma Ljungholm    |            | Katrineholm | 26:16,3 |
| 10     | Evelina Menning   |            | Waxholm     | 26:47,0 |
| 11     | Johanna Wiklander |            | Halmstad    | 27:14,1 |

| 2010-07-15 | 15:19 | 211 | H 16 K-2 | 2500 m | Final 1 |  |
|------------|-------|-----|----------|--------|---------|--|
|------------|-------|-----|----------|--------|---------|--|

| Plats: | Deltagare:        | Deltagare:          | Förening:     | Tid:    |
|--------|-------------------|---------------------|---------------|---------|
| 1      | Emil Nyholm       | Emil Winberg        | KS Ägir       | 10:24,3 |
| 2      | Johan Edberg      | Isak Johansson      | Kungälv       | 10:31,0 |
| 3      | Emil Torstensson  | Emil Svensson       | Brävikens     | 10:33,8 |
| 4      | Fredrik Trägårdh  | Adam Källberg       | Lödde         | 11:00,7 |
| 5      | Joel Attermark    | Jacob Qvarnström    | Waxholm       | 11:03,2 |
| 6      | Martin Grothéus   | Sebastian Sjö       | Örebro        | 11:05,4 |
| 7      | Fredrik Bengtsson | Jakob Lund          | Westervik     | 11:16,3 |
| 8      | August Avén       | Fredrik Mårtensson  | Waxholm       | 11:24,8 |
| 9      | Weine Lagström    | Petter Martinsson   | KS Ägir       | 11:33,6 |
| 10     | Tobias Höglund    | Nils Thoresson      | Fagervik      | 11:41,9 |
| 11     | Erik Strand       | Nils Eriksson       | Luleå         | 11:53,2 |
| 12     | Samuel Johansson  | Johan Andersson     | Nyköping      | 11:56,9 |
| 13     | Daniel Åsberg     | Felix Eriksson      | Nyköping      | 12:00,7 |
| 14     | Max Christensen   | Gustav Smedman      | Lidköping     | 12:02,8 |
| 15     | Joel Wedin        | Linus Ahlin-Hamberg | Stockholms PK | 12:04,9 |
| 16     | Albert Friman     | Jakob Juhlin        | Brunnsviken   | 12:13,5 |
| 17     | Manne Segerlund   | Helmer Johansson    | Luleå         | 12:19,5 |
| 18     | Isak Forsberg     | Daniel Björklund    | Västerås      | 12:29,0 |
| 19     | Adam Dahllöf      | Kimmy Bergman       | Kungälv       | 13:48,1 |

| 2010-07-15 | 15:20 | 212 | D 16 K-4 | 2500 m | Final 1 |  |
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| Plats: | Deltagare:      | Deltagare:      | Förening:           | Tid:             |           |         |
|--------|-----------------|-----------------|---------------------|------------------|-----------|---------|
| 1      | Klara Hellström | Frida Hellström | Lisa Eriksson       | Paulina Maxe     | Finspång  | 10:53,3 |
| 2      | Hanna Falk      | Hanna Johansson | Jenny Karlsson      | Johanna Karlsson | Arvika    | 10:57,5 |
| 3      | Annie Johansson | Fanny Lilja     | Karolina Bjernfeldt | Line Öberg       | Lidköping | 11:57,7 |
| 4      | Elina Lineruth  | Kajsa Sundkvist | Elina Westerlund    | Saga Wallerström | Luleå     | 12:56,4 |